

AoIPs

Australasian Diabetes in Pregnancy Society

ANNUAL REPORT 2020



Australasian Diabetes in Pregnancy Society Limited (ADIPS)

The Australasian Diabetes in Pregnancy Society (ADIPS) is a public company limited by guarantee. It is a specialist medical society with a professional membership of medical graduates, health professionals and scientists interested in diabetes mellitus as it relates to pregnancy or who have a primary role in professional diabetes in pregnancy care in women. It's premier annual event is its annual scientific meeting which attracts over 250 health care professionals facilitating and promoting the free exchange of knowledge with respect to diabetes in pregnancy, postponed in 2020 due to COVID-19.

The Objects of ADIPS Limited

The dominant purpose and principal activity of ADIPS is to promote the prevention or control of diabetes mellitus as it relates to pregnancy in women.

The Company aims to further its dominant purpose by:

- (i) developing or assisting in developing treatment for the use in the prevention or control of diabetes mellitus in pregnancy;
- (ii) engaging and encouraging, promoting and facilitating research, or assisting in the research into the causes, prevention and treatment of diabetes mellitus in pregnancy;
- (iii) promoting among members of the medical profession, scientists and others the free exchange of knowledge with respect to diabetes mellitus related to pregnancy;
- (iv) developing in association with other interested bodies, education methods designed to give those who have diabetes mellitus as it relates to pregnancy a better understanding of their condition;
- (v) improving standards of diagnosis and management of diabetes mellitus before, during and following a pregnancy;
- (vi) disseminating to the public accurate information about diabetes mellitus related to pregnancy and the risk factors associated therewith;
- (vii) promoting research related to diabetes mellitus related to pregnancy by individuals, hospitals, clinics, universities and other institutions and organisations;
- (viii) being responsible for statements relating to the professional and research aspects of diabetes mellitus related to pregnancy (both medical and scientific); and
- (ix) taking such other measures and encourage such service as will enhance the welfare of individuals having diabetes mellitus as it relates to pregnancy.

ADIPS Limited

Level 1, 149 Macquarie Street, Sydney NSW 2000

Postal: 145 Macquarie Street, Sydney NSW 2000

E admin@adips.org | **W** www.adips.org

Directors and Officers of the Board of ADIPS Limited ACN 608 091 274



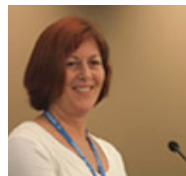
Dr Arianne Sweeting
President and Board Chair (2020-2022)
Endocrinologist, Sydney, NSW
Joined the Board on 24 August 2018



Professor David McIntyre
Board Director
Endocrinologist, Brisbane, QLD
Joined the Board on 7 September 2015
Retired from the Board on 21 September 2020



Ms Janet Schweda (Lagstrom)
Board Director and Deputy Board
Chair (2020-2022)
Nurse Practitioner, Credentialed Diabetes
Educator, Midwife, Rural and Remote, VIC
Joined the Board on 27 August 2016



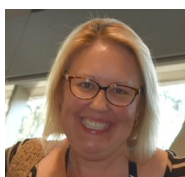
Dr Cynthia Porter PhD
Board Director
Dietitian and Credentialed Diabetes Educator
Rural and Remote, WA
Joined the Board on 7 September 2015
Retired from the Board on 21 September 2020



Professor David Simmons
Board Director
Endocrinologist, Sydney, NSW
Joined the Board on 27 August 2016



Dr Susan de Jersey PhD
Board Director
Dietitian and Clinical Researcher, Brisbane, QLD
Joined the Board on 21 September 2020



Ms Marina Mickleson
Board Director
Nurse Practitioner, Credentialed Diabetes
Educator, Midwife, Perth, WA
Joined the Board on 24 August 2018



Dr Rosemary Hall
Board Director
Endocrinologist and Clinical Researcher,
Wellington, New Zealand
Joined the Board on 21 September 2020



Dr Victoria Rudland
Board Director
Endocrinologist, Sydney, NSW
Joined the Board on 24 August 2018



Ms Julia Zinga
Board Director
Dietitian, Melbourne, VIC
Joined the Board on 21 September 2020



Dr Sarah Price
Immediate Past President and
Board Chair (2018-20)
Endocrinologist, Melbourne VIC
Joined the Board on 27 August 2016



Dr Alexis Shub
Board Director
Obstetrician and Maternal Fetal Medicine
Specialist, Melbourne, VIC
Joined the Board on 21 September 2020



Professor Leonie Callaway
Past President and Board Chair (2015-2018)
Obstetric Physician, Brisbane, QLD
Joined the Board on 7 September 2015
Retired from the Board on 21 September 2020



Ms Suzie Neylon
Executive Officer and Company Secretary
Sydney, NSW
Appointed Company Secretary on
7 September 2015



Dr Peter Wein
Board Director & Deputy Board Chair (2018-20)
Obstetrician, Melbourne, VIC
Joined the Board on 7 September 2015
Retired from the Board on 21 September 2020



Report from the President and Board Chair

Arianne Sweeting, President and Board Chair from 21 September 2020

It is an honour to be appointed Chair of the ADIPS Board of Directors and provide this 2020 President's Report. On behalf of ADIPS, I express our utmost gratitude to Dr Sarah Price for her recent services as President. She has been a wonderfully warm and practical leader and advocate for ADIPS during the COVID-19 pandemic. Sarah deftly managed the intense workload in this period with grace and a focus on inter-society consensus, leading the development of the ADIPS ADS Joint Statement on GDM Diagnosis during the COVID-19 pandemic (available on the ADIPS website). Fortunately, Sarah has agreed to remain on the ADIPS Board of Directors in 2021. She has also taken on the important role as ADIPS representative for the JDRF CGM Australasian Diabetes Data Network Evaluation Advisory Committee.

We farewell Dr Cindy Porter, Dr Peter Wein, Dr Ruth Hughes, and Professor David McIntyre whose ADIPS terms ended in 2020, in addition to Professor Leonie Callaway. We thank you for your invaluable contribution to ADIPS and wise counsel over many years and look forward to your ongoing support and active membership in the future.

The current ADIPS Board of Directors consists of myself (Chair), Janet Lagstrom (Deputy Chair), David Simmons (IADPSG), Dr Victoria Rudland, Marina Mickleson, and we welcome A/Professor Alexis Shub, Dr Susan de Jersey, Julia Zinga and our New Zealand representative Dr Rosemary Hall. Suzie Neylon remains our indefatigable Executive Officer of ADIPS.

Despite the obvious challenges of 2020, it is important to recognise several ADIPS achievements, underscoring the significant contribution of our society to the field of diabetes in pregnancy. Congratulations to Professor David Simmons, the recipient of the prestigious 2020 American Diabetes Association Norbert Freinkel Award. Significant progress on the ADIPS Diabetes in Pregnancy Clinical Audit/Benchmarking Programme led by Professor Simmons continues, and we thank the working group and pilot sites for their support to date. In addition, 2020 saw the publication of the updated 'ADIPS Guidelines for Pre-existing Diabetes and Pregnancy' (available on the ADIPS website) – an exhaustive (and exhausting!) effort expertly led by Dr Victoria Rudland. ADIPS expresses their sincere appreciation to Dr Victoria Rudland, and to Professor Leonie Callaway, Dr Sarah Price, the writing group and to those many individuals who have contributed to this comprehensive and practical resource.

Our combined ADIPS/SOMANZ virtual ASM will now occur in July 2021, and we encourage all our members and colleagues to register and support both societies. Further details will be available soon but we encourage early consideration of potential abstracts as we commence the new clinical year to ensure a collaborative and engaging ASM.

I wish everyone a safe, healthy and productive 2021.

Warm regards,

Arianne Sweeting

President & Board Chair - ADIPS Limited



President and Board Chair's Report to the AGM 2020

Held by Zoom on Monday 21 September at 6.00pm AEST

Sarah Price, President and Board Chair
(24 August 2018 - 21 September 2020)

Welcome to the Annual General Meeting of ADIPS Limited. Due to the Zoom format, we ask that you ensure your device is muted during the reports and that you leave questions and discussions until "Other Business", unless they relate specifically to passing the reports.

We have received apologies from Louise Maple-Brown and Bill Hague.

The minutes of the previous meeting held last year in Sydney have been provided in the agenda papers and we ask that someone nominate and second that the minutes are an accurate record of that meeting. Could I ask two people to please unmute your microphones to respond?

Annual Scientific Meeting

Sadly, there is no Annual Scientific Meeting to report on this year due to the COVID-19 pandemic. It was a difficult decision for the organising committee and the ADIPS Board to cancel the 2020 ASM but I am sure you will all agree that it was not feasible in the current environment. We are, however, planning to host a pregnancy session at the ADC "Virtual" conference in November this year and we hope you will attend.

The Society

The Society currently has a membership of around 275 people. We continue to welcome all health professionals involved in the care of women with diabetes in pregnancy as members, and this extends to our Annual Scientific Meetings also.

Our membership currently includes:

- Endocrinologists and other physicians,
- Obstetricians and MFM subspecialists,
- Diabetes Educators, Nurse Practitioners, Dietitians, Midwives
- A small number of psychologists, exercise physiologists and pharmacists
- Researchers and
- Trainees and students.

Please encourage your colleagues to consider joining ADIPS so they can benefit from the many offerings we provide to our members.

Management Guidelines

I am very pleased to announce that the Management guidelines for pre-existing diabetes in pregnancy have been accepted for publication in ANZJOG. They will appear in the journal next month. Following their publication, we will post the guideline on our website. They will also be officially launched and discussed at a session in the ADC meeting in November this year. I would like to officially thank Leonie Callaway who conceived the update of the guidelines and Victoria Rudland who brought the guidelines to fruition. Thank-you to the many other ADIPS members who contributed to these guidelines.

Website Upgrade

We are currently working on upgrading the ADIPS website to make it more contemporary and to have greater functionality across all devices. It has been many years since we first developed

our website and the redesign should assist our members to use the website more easily.

ADIPS-Novo Nordisk Research Grants

Three ADIPS-Novo Nordisk research grants, each worth \$6,000, have been offered annually for a number of years in the areas of Clinical Research, Scientific Research and Educational Research. Given the ASM was cancelled this year, we were unable to secure support for these grants in 2020. However, we look forward to engaging with Novo Nordisk or other organisations in the future to continue this grant scheme.

Future meetings

In 2021, the ADIPS ASM will be held with SOMANZ in a “fully virtual” format from 23-25th July so please save this date. We will continue to update you as the program develops. With the uncertainty around international travel and domestic travel for health professionals, the organising committee and the Board agreed that a fully virtual meeting was necessary to avoid last minute changes in these uncertain and changing times.

We are yet to appoint the Organising Committee so please contact us if you are interested in being involved.

ADIPS have put forward an Expression of Interest to host the IADPSG meeting in Australia in early 2022. We will keep you informed of the progress on this.

Other Business

I would like to thank the current board members for their support over the past 2 years that I have been Chair of the ADIPS board.

- Cindy Porter and Janet Lagstrom for managing the finances
- Victoria Rudland for leading the update of the management guidelines
- Arianne Sweeting for heading up the Communications Committee and for leading the re-vamp of the Society website
- Marina Mickleson, Janet Lagstrom and Cindy Porter for reviewing the membership applications and making recommendations to the Board that they be accepted as members
- David Simmons for leading the ADIPS DIP clinical benchmarking

- David McIntyre, Peter Wein and Marina Mickleson for managing our Therapeutics Committee
- Ruth Hughes for providing the board with regular updates on New Zealand
- Leonie Callaway for sharing her wealth of knowledge and providing great support and guidance to the Board
- Suzie Neylon for providing support to the Board and the membership over many, many years.

We say goodbye to Peter Wein, David McIntyre, Cindy Porter and Leonie Callaway who have served on the board since 2015 and who also served for many years on the ADIPS Council prior to our change of entity from Incorporated in Victoria to the Company limited by guarantee.

The ADIPS Board members continuing for another term are Janet Lagstrom, David Simmons, Arianne Sweeting, Victoria Rudland and Marina Mickleson.

We welcome the new members who are:

- Julia Zinga (VIC) - a dietician from Melbourne
- Alexis Shub (VIC) - an obstetrician and maternal fetal medicine specialist from Melbourne
- Susan de Jersey (QLD) - a dietician and clinical researcher from Brisbane
- Rosemary Hall (NZ) - an endocrinologist and clinical researcher from Wellington, New Zealand.

The new board will meet tonight after the AGM to decide on the new Chair and Deputy Chair of the board. I will step down as chair but will remain on the board as a non-executive director for a transition period.

Does anyone have any other business to discuss?

It has been an honour and a pleasure to serve as chair of the board over the past 2 years. Thank-you for your kindness and support!

We will now draw the meeting to a close.

Sarah Price

Board Chair (2018 - Sept 2020)

ADIPS Limited Finance Report 2020

ADIPS Limited produced a surplus of \$20,833 for the operating year 1 July 2019 to 30 June 2020, representing a larger gain compared to the previous financial year that had a \$4,074 profit.

The Society income is largely derived from membership fees and the profit from the Annual Scientific Meeting each year that is held with ADS/ADEA or SOMANZ. The Society sustained an overall loss in four of the five years between 2013 – 2017 prompting a rise in membership fees in 2017 and 2019.

The ADIPS annual membership fees remain traditionally low compared to other specialist medical society fees. Since 2017, the fee structure has been tiered to meet the diverse incomes of ADIPS members. The Board will continue to monitor membership fees annually and amend as necessary to assist with covering some of the operational costs of running the Society.

The net assets of the Society in 2020 were reported as \$145,981 compared with \$125,148 in the 2018-19 financial year. The Society assets have remained relatively stable over the past 10 years apart from 2015 when there were legal fees associated with the move to a Public Company.

The financial outcome for 2020 was higher than usual and a pleasing result. The increased profit can be attributed to the profit from the 2019 ASM held in Sydney, as well as the assistance provided by the Australian Taxation Office with business cash flow boost payments and JobKeeper support payments.

The profits in 2020 will assist in buffering the anticipated losses in

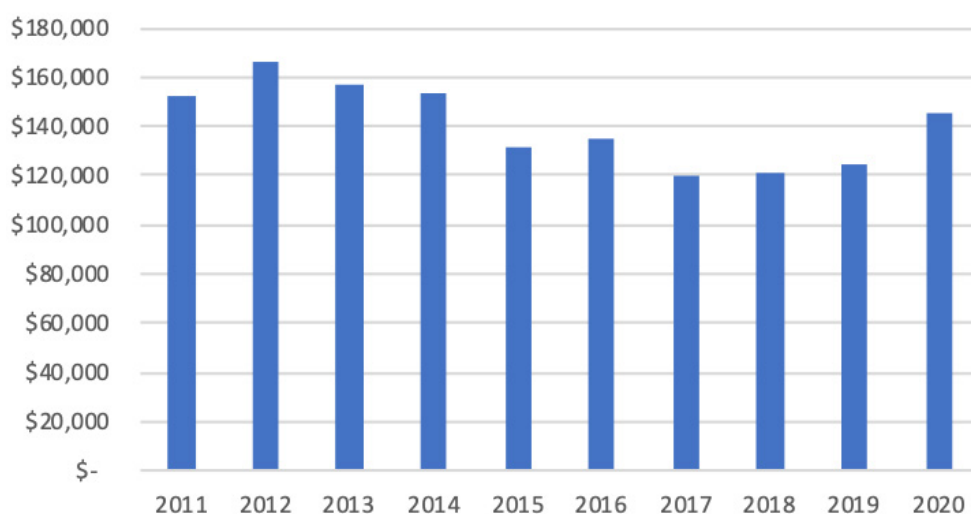
the forthcoming 2021 year where there will be no income from the ASM, and indeed some costs associated with cancellation of the Annual Scientific Meeting in July 2020 due to COVID-19.

The trend in the Society assets over the past 10 years are represented in Graph A.

The ADIPS Limited finances are managed by the Finance, Audit and Risk Committee as opposed to the traditional Treasurer role. The two directors during the 2019-20 financial period were Janet Schweda (Lagstrom) and Cynthia Porter, who were supported by Ms Suzie Neylon, Company Secretary and Executive Officer who manages the day to day transactions. The Committee oversee the finances and make recommendations to the Board. Janet Schweda (Lagstrom) will continue on this committee for 2020-21 and will be joined by Julia Zinga who joined the Board in September 2020.

The Society financial statements for 2020 were prepared by Tinworth & Co, Chartered Accountants in North Sydney. The report is a summary of the full financial report that is available in the member area of the ADIPS Limited website or upon request.

Asset trends for 10 years



Graph A: ADIPS Limited Asset trends from 2011 to 2020

Membership

The Society currently has 290 members listed on their database with 188 currently financial. The implementation of online payments introduced in 2018 has made an improvement in timely payments, however, a substantial number remain unfinancial and will be removed from active membership as many were in 2019.

The membership is composed of a variety of health professionals and researchers with an interest in diabetes in pregnancy including Endocrinologists and other Physicians, Obstetricians, General Practitioners, Research Scientists, Diabetes Educators, Dietitians, Midwives, Podiatrists, Pharmacists, Registrars and Advanced Trainees as well as other interested health professionals.

The benefits of membership include:

- Discounted registration fees to attend the Annual Scientific Meeting
- Opportunities to participate in the organisation of the Annual Scientific Meeting
- Able to apply for a variety of grants and awards including the Graz Clock Award, Emerging Investigator Award, Allied Health Presentation Award and Outstanding Poster Award available at the Annual Scientific Meeting
- Opportunity for junior members to apply for Educational Travel Grants to attend the Annual Scientific Meeting
- Access to ASM invited speaker presentations post conference
- Access to apply for the ADIPS-Novo Nordisk Research Grants for Scientific, Clinical & Education Research
- Receive invitations to comment and participate in review of major clinical guidelines

- Receive regular electronic newsletters containing updates on the latest news and activities of the Society including the wider diabetes in pregnancy community
- Opportunity to nominate for a director position on the board of directors
- Participate in other research and educational activities and projects conducting by the Australasian Diabetes in Pregnancy Society Limited.

The fees for membership for 2020 were:

Tier 1 – Medical Practitioners - \$198.00
(includes \$18 GST)

This tier includes independent medical practitioners in current clinical practice (eg. Physicians, Obstetricians, General Practitioners etc).

Tier 2 – Researchers, Nurses, Allied Health and Registrars - \$110.00 (includes \$10 GST)

This tier includes Basic Researchers, Registered Nurses, Diabetes Educators, Midwives, Dietitians, Podiatrists, Registrars, Advanced Trainees, and any other health professional (medical or scientific) working in diabetes in pregnancy.

Tier 3 – Students - \$99.00 (includes \$9 GST)

This tier includes medical and scientific students who are enrolled in a training program and have not graduated and are not earning a salary over \$30K.

The fees for international members were the same but excluded the GST component. The membership year is from March to March each year.

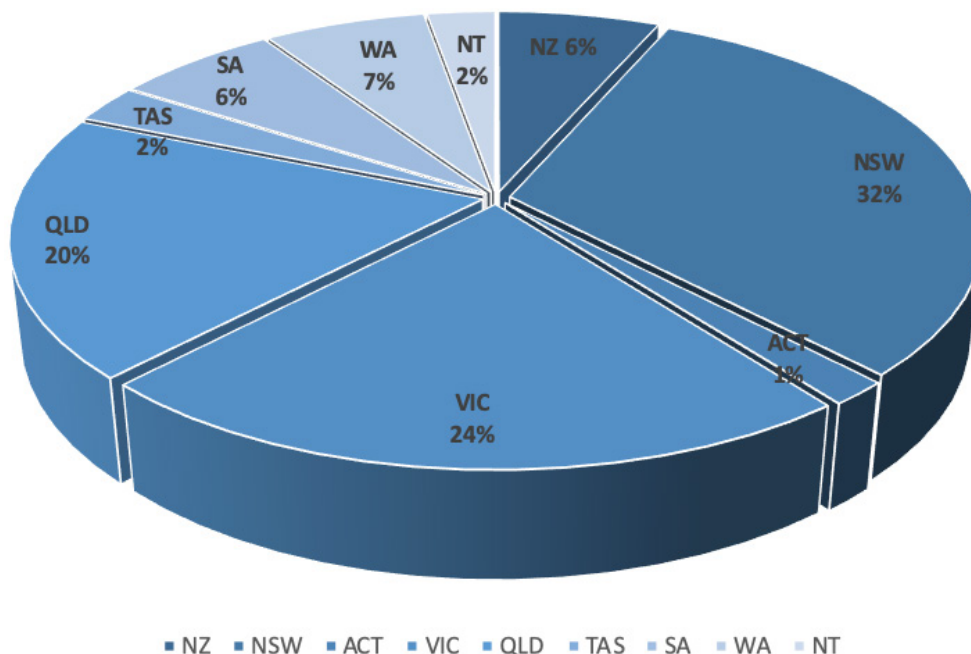
The members of the Membership Committee for ADIPS for 2018-2020 were Cynthia Porter, Janet Schweda (Lagstrom), Marina Mickleson and supported by the Executive Officer, Suzie Neylon.

Membership Composition

Membership by State

The distribution of the total membership throughout Australia and New Zealand is represented in Graph 1 with 32% in NSW, 24% in Victoria, 20% in Queensland, 7% in Western Australia, 6% in South Australia, 2% in the Northern Territory, 2% in Tasmania and 1% in the Australian Capital Territory. 6% of the total membership are in New Zealand.

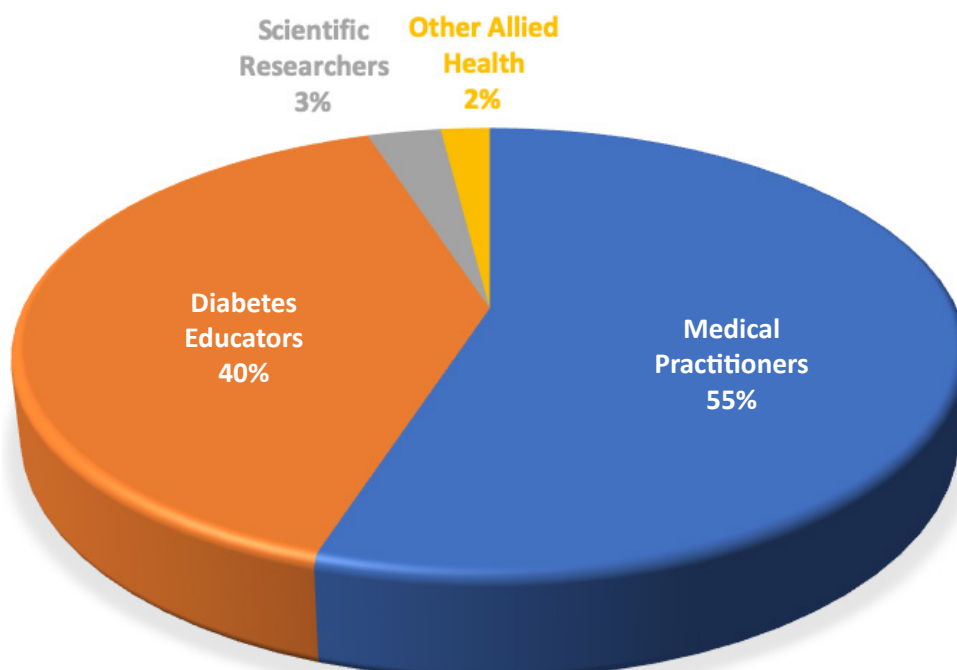
Graph 1: ADIPS Membership by State Distribution (2020)



Membership by Occupation

Based on the current information provided to ADIPS by its members, the following broad category occupations are represented: Medical Practitioners including Endocrinologists, Other Physicians, Obstetricians, GPs, and Trainees (55%), Diabetes Educators, Dietitians, Midwives, and Nurse Practitioners (40%), Scientific Researchers (3%) and other Allied Health (2%). This data is also represented in Graph 2.

Graph 2: ADIPS Membership by broad category occupation (2020)





ADIPS Diabetes in Pregnancy Clinical Audit Programme

Professor David Simmons, Board Director
Joined the Board on 27 August 2016

The Australasian Diabetes in Pregnancy Society published a successful pilot study of 3 approaches to clinical audit (paper, stand-alone electronic, networked electronic) across 9 different clinical settings (rural, urban, large proportion of indigenous, New Zealand) linked with a Benchmarking Centre in 2007 [*Australian and New Zealand Journal of Obstetrics and Gynaecology* 2007;**47**:198–206]. With the Australian National Diabetes Strategy Goal 4 being to “Reduce the impact of pre-existing and gestational diabetes in pregnancy”, the need to re-establish the audit programme to monitor achievement of the goal, became clear, and ADIPS volunteered to undertake this task. In 2018, the ADIPS Board established the Diabetes in Pregnancy Clinical Audit Programme Working Group which has developed a revised dataset, a process for de-identification of patients and sites, a publication protocol and proposed central data analysis and reporting site protocols. The need for the audit was presented to the Federal Minister, the Hon Greg Hunt at the National Diabetes Forum in October 2018. After the Forum, the Australian Institute of Health and Welfare (AIHW), indicated their interest in assisting with the data repository and to align the ADIPS dataset with other Australian Datasets. However, AIHW also advised that funding would be required to undertake the work.

Since this time, ADIPS has led the development of a proposal for a Clinical Quality Register with the Australian Commission on Safety and Quality in Health Care. The AIHW has provided a detailed proposal for undertaking the work with governance provided by ADIPS with the support of other key organisations. The proposal is still being worked

up with the Australian Commission on Safety and Quality in Health Care.

As the approach was expected to take time to complete, ADIPS embarked upon a pilot Diabetes in Pregnancy Clinical Audit Programme. Expressions of interest were requested from ADIPS members and 11 volunteer sites had existing data for women with GDM and/or pre-gestational diabetes in pregnancy. All sites were able to provide de-identified data under existing approvals. The audit involved electronic data transfer using a Standard Format Excel Spreadsheet format with Data Field Definitions developed for this purpose. The audit is now complete with Jincy Immanuel a student at Western Sydney University collating the data as the Trusted Third Party (TTP), checking there were no site identifiers and then forwarding to Professor Flack at Bankstown-Lidcombe Hospital who has cleaned the data and through the TTP addressed any questionable data items. Overall, after cleaning data from 10,144 women were received including 435 with type 1 diabetes, 1013 with type 2 diabetes and the remainder gestational diabetes mellitus. A paper describing the benchmarking process and site variation is being drafted.

David Simmons on behalf of the working group.

Thanks to Ms Jincy Immanuel for TTP work, Professor Jeff Flack and Dr Tania Polhill for the Benchmarking work and ADIPS for their support.

Members of the working group:

Professor David Simmons (Chair)
Professor Jeff Flack, Dr Vincent Wong, Professor Robert Moses, Professor N Wah Cheung,

Dr Arianne Sweeting, Professor Jeremy Oats, Dr Alexis Shub, Ian Fulcher, Dr Peter Davoren, Dr Dorothy Graham, Dr Julie Chemmanam, Dr Louise Wolmarans, Dr Anne Duffield, Associate Professor Louise Maple-Brown, Professor Christopher Nolan

Many thanks to the site contributors:

Dr Carl Eagleton, Dr Dorothy Graham, Dr Vincent Wong, Dr Lili Yuen, Ms. Janet Lagstrom, Dr Louise Wolmarans, Ms. Michele Martin, Professor N Wah Cheung, A/Professor Glynis Ross, Professor Jeff Flack



ADIPS Guidelines for Pre-existing Diabetes and Pregnancy

Dr Victoria Rudland, Board Director
Joined the Board on 24 August 2018

The guidelines have been completed and have been approved by the ADIPS Limited board. There has been a process of wide stakeholder engagement, with feedback sought from the ADIPS membership and lead professional organisations. The full guideline and an executive summary have now been published in ANZJOG and are available in Open Access. A link directly to the guidelines can be found on the ADIPS website.

The ADIPS Limited board of directors would like to take this opportunity to publicly thank Dr Victoria Rudland for her massive efforts in leading the production of these evidence-based guidelines. Her efforts in bringing this important body of work to completion were enormous and greatly appreciated.

Members of the ADIPS Guideline Development Group:

- Dr Victoria Rudland (Chair)
- Dr Sarah Price
- Dr Ruth Hughes
- Dr Helen Barrett
- Ms Janet Lagstrom
- Dr Cindy Porter
- Dr Fiona Britten
- Dr Sarah Glasstras

- Dr Ian Fulcher
- Dr Peter Wein
- Professor David Simmons
- Professor David McIntyre
- Professor Leonie Callaway

Professional organisations that provided feedback on the guidelines:

- Australian College of Rural & Remote Medicine
- Australian Diabetes Educators Association
- Australian Diabetes Society
- Diabetes Australia
- Dietitians Association of Australia
- Endocrine Society of Australia
- Kidney Health Australia – Caring for Australasians with Renal Impairment
- New Zealand College of Midwives
- Royal Australian College of General Practitioners
- Royal Australasian College of Physicians
- Rural Support Service South Australia Health
- The Royal Australian and New Zealand College of Obstetricians and Gynaecologists
- The Royal Australian and New Zealand College of Ophthalmologists
- Society of Obstetric Medicine of Australia and New Zealand

American Diabetes Association's Norbert Freinkel Award Recipient for 2020

Professor David Simmons MA (Hons, Cantab) MD (Cantab) FRCP (UK) FRACP FRGS has been selected to receive the American Diabetes Association's 2020 Norbert Freinkel Award, given in the memory of Norbert Freinkel (1926-1989), a dedicated and insightful investigator, writer and thought leader. The Norbert Freinkel award honours researchers who have made outstanding contributions - including scientific publications and presentation - to the understanding of diabetes in pregnancy.

Distinguished Professor David Simmons currently serves as Professor of Medicine at Western Sydney University, Head of the Endocrinology Department at Cambelltown Hospital, Director of the South Western Sydney Diabetes, Obesity, Metabolism and Translational Unit (DOMTRU) and Director of SPHERE Diabetes Obesity Metabolism Academic Group. He is also a Professorial Fellow at University of Melbourne, Visiting Professor at University of Orebro, Sweden and Guest Professor at First Affiliated Hospital of Zhengzhou University, China.

He has authored more than 300 publications and has supervised countless PhD students, Honours students and medical students.

Professor Simmons research career has spanned more than 30 years. As a junior doctor in Coventry, England, he established the Coventry Diabetes Study, a household survey that subsequently became his doctorate. On moving to South Auckland, New Zealand, he was mentored by the late Dr David Scott, who established one of the first diabetes in pregnancy clinics and a community-based programme to prevent diabetes complications among local Pacific and Maori people. This led him to commence research into the epidemiology of diabetes in pregnancy. Over the subsequent decades, he has published and presented prolifically in this field.

Today, Professor Simmons research is driven by his early work and is centred around the prevention, diagnosis and management of diabetes in pregnancy. His most recent research includes a



Professor David Simmons

randomised controlled trial of gestational diabetes prevention (DALI) and a randomised controlled trial of early pregnancy gestational diabetes diagnosis and treatment (TOGOGM). Both studies address critical research questions, the results of which will guide the clinical care of women with diabetes in pregnancy.

He collaborates widely and has also recently been involved in the MiTY study (PI Denice Feig), CDC4G study (PI Helena Fadl), and the DCAPP (Diabetes Contraception and Pre-Pregnancy Programme) study in Sweden. He has been involved in population-based programmes including pre-pregnancy care programs, integrated diabetes care programmes across both primary and secondary care, diabetes care in young persons (18-25 years old) and diabetes detection and prevention projects in Tonga. The depth and breadth of his research career is immense.

Professor Simmons has had numerous appointments on international committees including acting as chair of the diabetes in pregnancy writing group for the International Diabetes Federation Atlas Committee, membership of the WHO working group

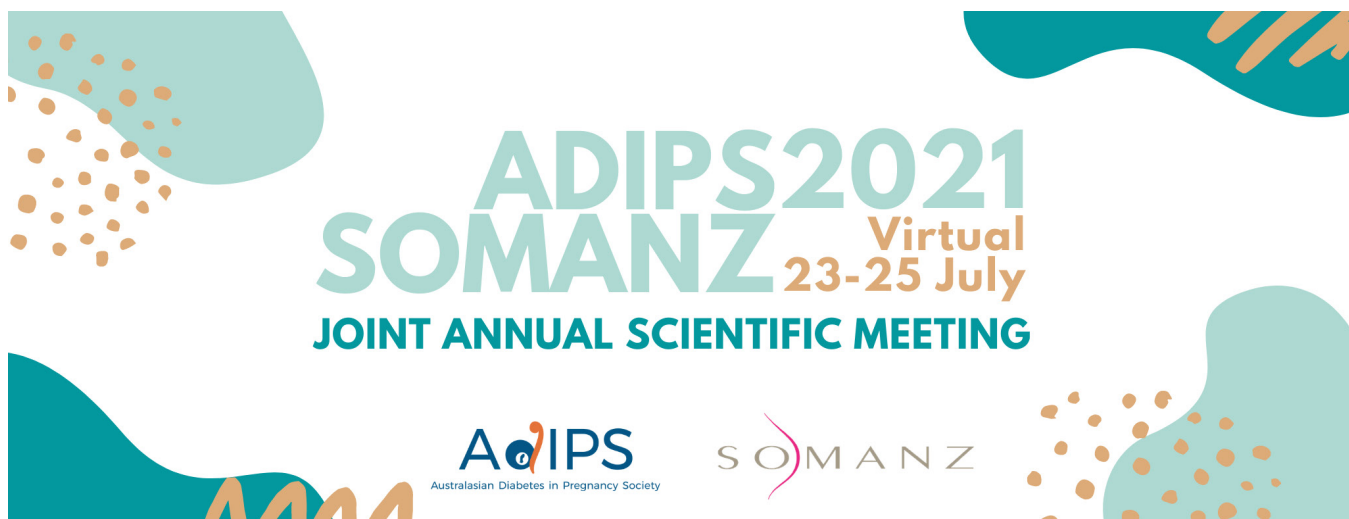
on the Technical Report on screening for GDM and Chief Technical Advisor Tongan Gestational Diabetes Taskforce. In Australia, Professor Simmons was Chair of ADIPS from 1998-2002 and returned to the board of ADIPS in 2016 and is a current director. He remains Chair of the National Diabetes in Pregnancy Audit Programme which aims to establish a benchmarking program for diabetes in pregnancy in Australia.

Under normal circumstances, Professor David Simmons would be recognised with the honour of the Norbert Freinkel award at the ADA's 80th Scientific Sessions and would deliver the Norbert Freinkel Award Lecture. In view of the COVID-19 pandemic, alternative arrangements will be made.

On behalf of a very proud ADIPS community, I would like to congratulate Professor David Simmons on this award. He joins an esteemed group of researchers who stand on the shoulders of a giant!

Sarah Price

Immediate Past President and Past Chair
ADIPS Limited



THE AUSTRALASIAN DIABETES IN PREGNANCY SOCIETY (ADIPS) AND THE SOCIETY OF OBSTETRIC MEDICINE OF AUSTRALIA AND NEW ZEALAND (SOMANZ) INVITE YOU TO ATTEND THEIR JOINT ANNUAL SCIENTIFIC MEETING TO BE HELD FROM 23-25 JULY 2021. THE FORMAT FOR THE JOINT ASM IN 2021 WILL BE A FULLY VIRTUAL MEETING DUE TO THE COVID-19 PANDEMIC AND THE LIMITED ABILITY FOR HEALTH PROFESSIONAL TRAVEL. PLEASE SAVE THESE DATES.

2021

RACP CONGRESS SERIES

TRANSFORMATION
ADAPTING FOR THE FUTURE

29 APRIL-14 MAY

Brisbane | Adelaide | Perth | Melbourne | Sydney | Wellington

RACP Congress 2021 Series and ADIPS 29 April - 14 May

In 2021 the RACP Congress is being held as a series of six one day events, held in six separate cities on six different days. Additionally, the entire event will be live streamed and then made accessible online. This year the RACP has invited ADIPS and other specialist medical societies to include talks in the clinical update virtual sessions.

ADIPS will provide an "Obstetric and Neonatal update" with Dr Alexis Shub as the speaker and an "Update on the ADIPS pre-existing diabetes in pregnancy guidelines including a focus on pre-conception care in diabetes" presented by Dr Arianne Sweeting and Ms Janet Lagstrom.

See more information at www.event.racpevents.edu.au/racp-congress-2021/

XXIII FIGO World Congress - ADIPS Session

24-29 October

The International Federation of Gynaecology and Obstetrics, also known as FIGO, is a global non-governmental organisation working to improve the health and well-being of women and newborns worldwide. Founded in 1954, FIGO is the only organisation bringing together professional societies of obstetricians and gynaecologists in research, advocacy, and clinical best practices across 132 countries.

FIGO has invited ADIPS to contribute to their program and Congress which will be held in Sydney in October 2021.

ADIPS will be represented by three speakers presenting the following topics:

FIGO XXIII

WORLD CONGRESS OF
GYNECOLOGY AND OBSTETRICS

October 2021



"Lifecycle approach to pregnancy complications"
Dr Louise Maple-Brown (Endocrinologist)

"Prevention of Gestational Diabetes Mellitus"
Dr Arianne Sweeting (Endocrinologist)

"Long term health of mother and offspring"
Dr Sarah Zaman (Cardiologist)